

The Cardiovascular System

The major structures of the cardiovascular system, the heart and blood vessels, play a vital role in human physiology. The major function of the cardiovascular system is transportation. Using blood as the transport vehicle, the system carries nutrients, gases, wastes, antibodies, electrolytes, and many other substances to and from body cells. Its propulsive force is the contracting heart.

The anatomy and location of the heart and blood vessels and the important understandings of cardiovascular physiology (for example, cardiac cycle, ECG, and regulation of blood pressure) are the major topics of this chapter.

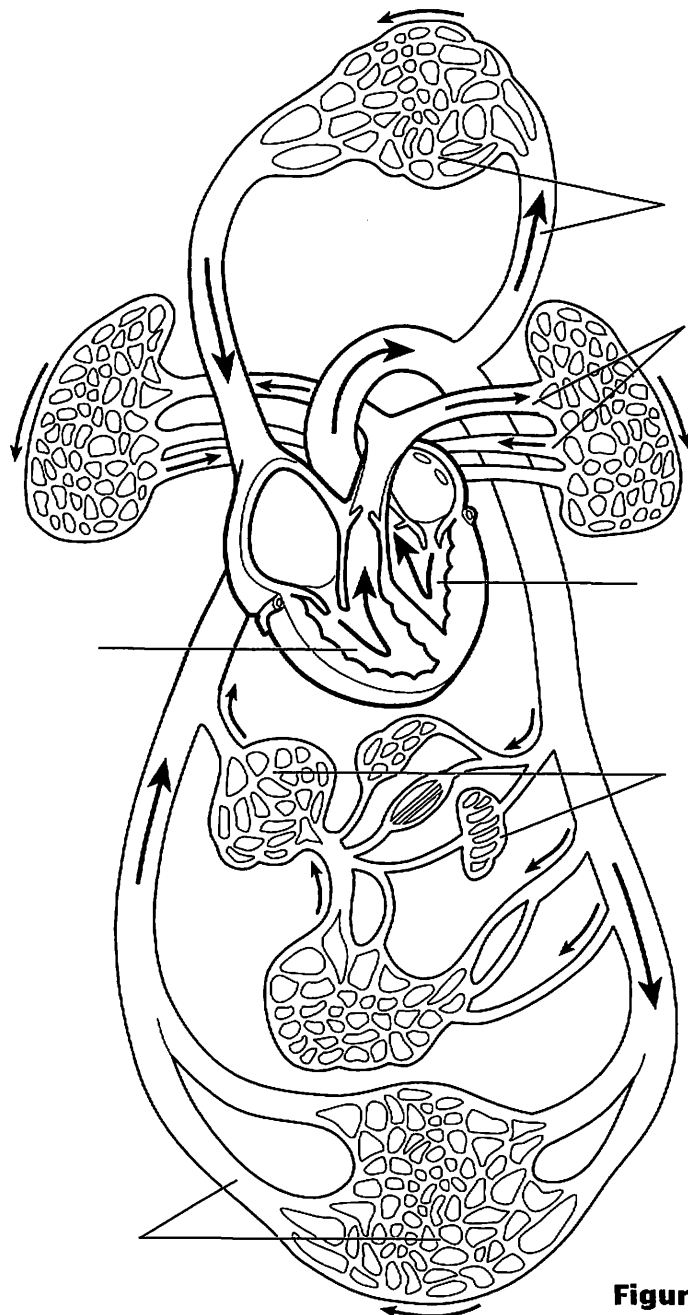
CARDIOVASCULAR SYSTEM: THE HEART

1. Complete the following statements by inserting your answers in the answer blanks.

- _____ 1. The heart is a cone-shaped muscular organ located within the _____ (1). Its apex rests on the _____ (2), and its base is at the level of the _____ (3) rib. The coronary arteries that nourish the myocardium arise from the _____ (4). The coronary sinus empties into the _____ (5). Relative to the roles of the heart chambers, the _____ (6) are receiving chambers, whereas the _____ (7) are discharging chambers. The membrane that lines the heart and also forms the valve flaps is called the _____ (8). The outermost layer of the heart is called the _____ (9). The fluid that fills the pericardial sac acts to decrease _____ (10) during heart activity.
- _____ 2.
- _____ 3.
- _____ 4.
- _____ 5.
- _____ 6. The heart muscle, or myocardium, is composed of a specialized type of muscle tissue called _____ (11).
- _____ 7.
- _____ 8.
- _____ 9.
- _____ 10.
- _____ 11.

2. The heart is called a double pump because it serves two circulations. Trace the flow of blood through both the pulmonary and systemic circulations by writing the missing terms in the answer blanks. Then, color regions transporting O₂-poor blood blue and regions transporting O₂-rich blood red on Figure 11-1. Finally, identify the various regions of the circulation shown in Figure 11-1 by labeling them using the key choices.

- | | | |
|-------|-----|---|
| _____ | 1. | From the right atrium through the tricuspid valve to the <u>(1)</u> , |
| _____ | 2. | through the <u>(2)</u> valve to the pulmonary trunk to the right |
| _____ | 3. | and left <u>(3)</u> , to the capillary beds of the <u>(4)</u> , to the <u>(5)</u> , |
| _____ | 4. | to the <u>(6)</u> of the heart through the <u>(7)</u> valve, to the |
| _____ | 5. | <u>(8)</u> through the <u>(9)</u> semilunar valve, to the <u>(10)</u> , to the |
| _____ | 6. | systemic arteries, to the <u>(11)</u> of the body tissues, to the |
| _____ | 7. | systemic veins, to the <u>(12)</u> and <u>(13)</u> , which enter the right |
| _____ | 8. | atrium of the heart. |
| _____ | 9. | |
| _____ | 10. | |
| _____ | 11. | |
| _____ | 12. | |
| _____ | 13. | |



Key Choices

- A. Vessels serving head and upper limbs
- B. Vessels serving body trunk and lower limbs
- C. Vessels serving the viscera
- D. Pulmonary circulation
- E. Pulmonary "pump"
- F. Systemic "pump"

Figure 11-1

3. Figure 11-2 is an anterior view of the heart. Identify each numbered structure and write its name in the corresponding numbered space below the figure. Then, select different colors for each structure provided with a color-coding circle, and use them to color the coding circles and corresponding structures on the figure.

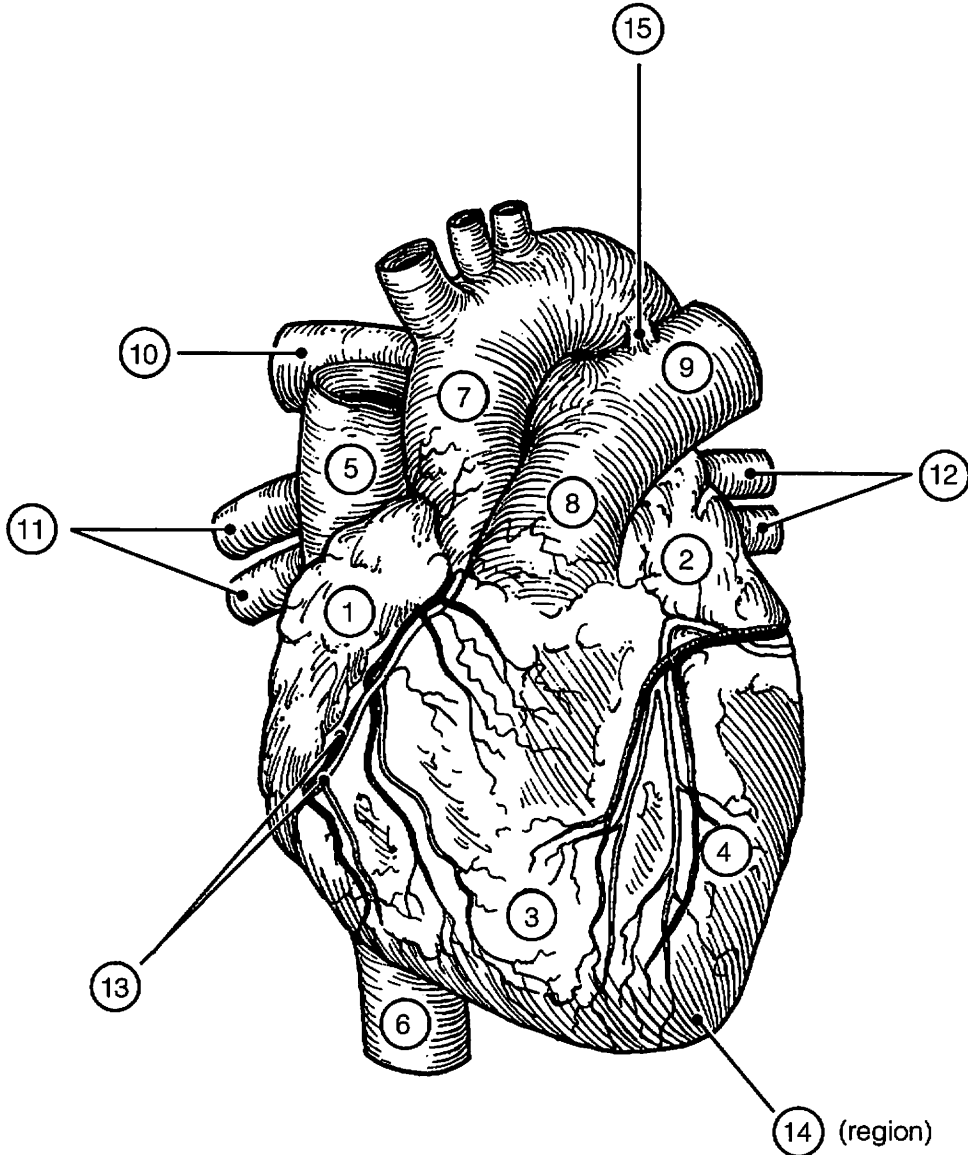


Figure 11-2

- | | | | | | |
|-----------------------------|----|-----------------------------|-----|-----------------------------|-----|
| <input type="radio"/> _____ | 1. | <input type="radio"/> _____ | 6. | <input type="radio"/> _____ | 11. |
| <input type="radio"/> _____ | 2. | <input type="radio"/> _____ | 7. | _____ | 12. |
| <input type="radio"/> _____ | 3. | <input type="radio"/> _____ | 8. | _____ | 13. |
| <input type="radio"/> _____ | 4. | _____ | 9. | _____ | 14. |
| _____ | 5. | _____ | 10. | <input type="radio"/> _____ | 15. |

4. Figure 11-3 is a schematic drawing of the microscopic structure of cardiac muscle. Using different colors, color the coding circles of the structures listed below and the corresponding structures on the figure.

- Nuclei (with nucleoli)
- Muscle fibers
- Intercalated discs
- Striations

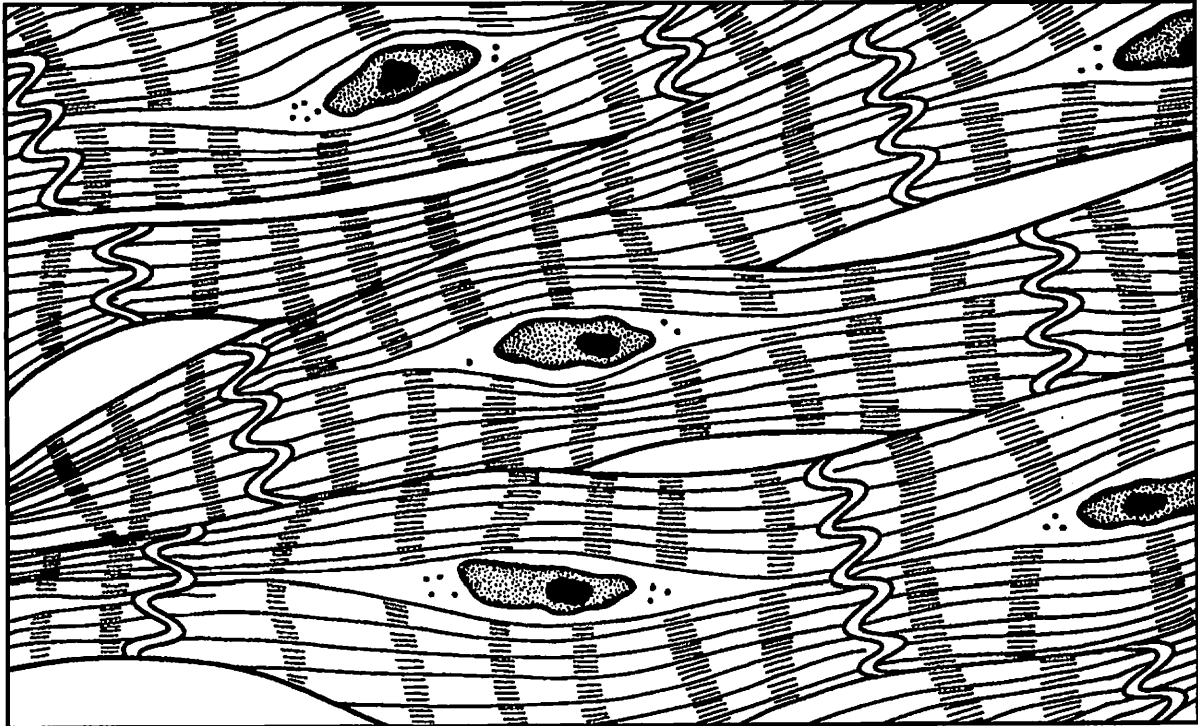


Figure 11-3

5. The events of one complete heartbeat are referred to as the cardiac cycle. Complete the following statements that describe these events. Insert your answers in the answer blanks.

- _____ 1. The contraction of the ventricles is referred to as (1), and the period of ventricular relaxation is called (2). The monosyllables describing heart sounds during the cardiac cycle are (3). The first heart sound is a result of closure of the (4) valves; closure of the (5) valves causes the second heart sound. The heart chambers that have just been filled when you hear the first heart sound are the (6), and the chambers that have just emptied are the (7). Immediately after the second heart sound, the (8) are filling with blood, and the (9) are empty. Abnormal heart sounds, or (10), usually indicate valve problems.
- _____ 7. _____ 9.
- _____ 8. _____ 10.

6. Figure 11–4 is a diagram of the frontal section of the heart. Follow the instructions below to complete this exercise.

First, draw arrows to indicate the direction of blood flow through the heart. Draw the pathway of the oxygen-rich blood with red arrows, and trace the pathway of oxygen-poor blood with blue arrows.

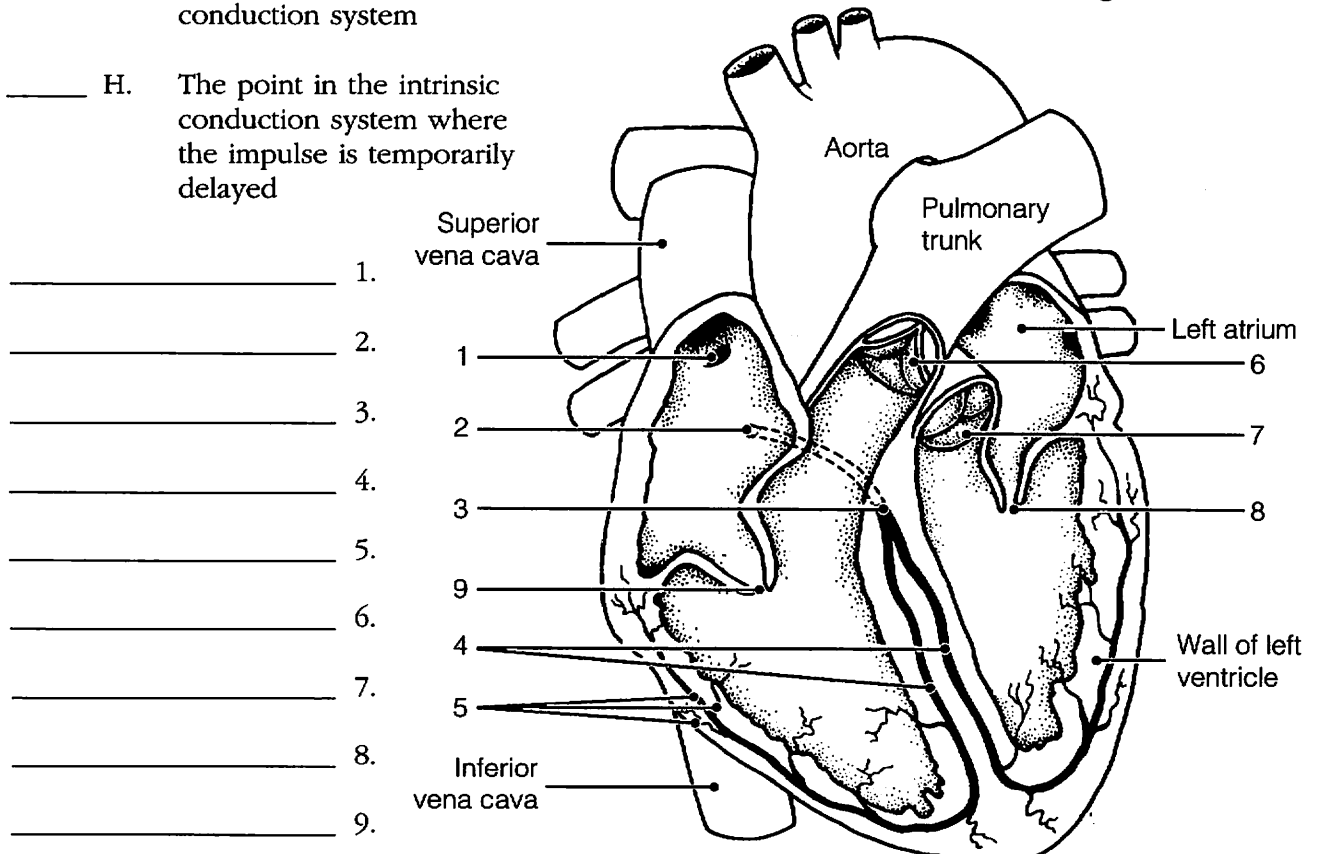
Second, identify each of the elements of the intrinsic conduction system (numbers 1–5 on the figure) by inserting the appropriate terms in the blanks left of the figure. Then, indicate with green arrows the pathway that impulses take through this system.

Third, correctly identify each of the heart valves (numbers 6–9 on the figure) by inserting the appropriate terms in the blanks left of the figure, and draw in and identify by name the cordlike structures that anchor the flaps of the atrioventricular (AV) valves.

Fourth, use the numbers from the figure to identify the structures described below. Place the numbers in the lettered answer blanks.

- _____ A. _____ B. Prevent backflow into the ventricles when the heart is relaxed
- _____ C. _____ D. Prevent backflow into the atria when the ventricles are contracting
- _____ E. AV valve with three flaps
- _____ F. AV valve with two flaps
- _____ G. The pacemaker of the intrinsic conduction system
- _____ H. The point in the intrinsic conduction system where the impulse is temporarily delayed

Figure 11–4



7. Match the terms provided in Column B with the statements given in Column A. Place the correct term or letter response in the answer blanks.

Column A	Column B
_____ 1. A recording of the electrical activity of the heart	A. Angina pectoris
_____ 2. The period during which the atria are depolarizing	B. Bradycardia
_____ 3. The period during which the ventricles are repolarizing	C. Electrocardiogram
_____ 4. The period during which the ventricles are depolarizing, which precedes their contraction	D. Fibrillation
_____ 5. An abnormally slow heartbeat, that is, below 60 beats per minute	E. Heart block
_____ 6. A condition in which the heart is uncoordinated and useless as a pump	F. P wave
_____ 7. An abnormally rapid heartbeat, that is, over 100 beats per minute	G. QRS wave
_____ 8. Damage to the AV node, totally or partially releasing the ventricles from the control of the sinoatrial (SA) node	H. T wave
_____ 9. Chest pain, resulting from ischemia of the myocardium	I. Tachycardia

8. A portion of an electrocardiogram is shown in Figure 11-5. On the figure identify the QRS complex, the P wave, and the T wave. Then, using a red pencil, bracket a portion of the recording equivalent to the length of one cardiac cycle. Using a blue pencil, bracket a portion of the recording in which the *ventricles* would be in diastole.

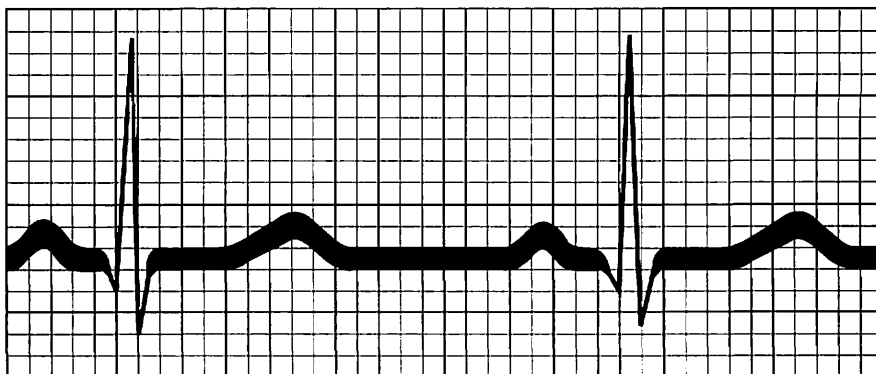


Figure 11-5

9. Complete the following statements relating to cardiac output by writing the missing terms in the answer blanks.

- _____ 1. In the relationship $CO = HR \times SV$, CO stands for (1), HR stands for (2), and SV stands for (3). For the normal resting heart, the value of HR is (4) and the value of SV is (5). The normal average adult cardiac output, therefore, is (6). The time for the entire blood supply to pass through the body is once each (7).
- _____ 2. _____ 3. _____ 4. According to Starling's law of the heart, the critical factor that determines force of heartbeat, or (8), is the degree of (9) of the cardiac muscle just before it contracts. Consequently, the force of heartbeat can be increased by increasing the amount of (10) returned to the heart.
- _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10.

10. Check (✓) all factors that lead to an *increase* in cardiac output by influencing either heart rate or stroke volume.

- | | |
|----------------------|---|
| _____ 1. Epinephrine | _____ 6. Activation of the sympathetic nervous system |
| _____ 2. Thyroxine | _____ 7. Activation of the vagus nerves |
| _____ 3. Hemorrhage | _____ 8. Low blood pressure |
| _____ 4. Fear | _____ 9. High blood pressure |
| _____ 5. Exercise | _____ 10. Fever |

11. For each of the following statements that is true, write *T* in the answer blank. For any false statements, correct the underlined term by writing the correct term in the answer blank.

- _____ 1. The resting heart rate is fastest in adult life.
- _____ 2. Because the heart of the highly trained athlete hypertrophies, its stroke volume decreases.
- _____ 3. If the right side of the heart fails, pulmonary congestion occurs.
- _____ 4. In peripheral congestion, the feet, ankles, and fingers become edematous.
- _____ 5. The pumping action of the healthy heart ordinarily maintains a balance between cardiac output and venous return.

12. Circle the term that does not belong in each of the following groupings.

1. Pulmonary trunk Vena cava Right side of heart Left side of heart
2. QRS wave T wave P wave Electrical activity of the ventricles
3. AV valves closed AV valves opened Ventricular systole Semilunar valves open
4. Papillary muscles Aortic semilunar valve Tricuspid valve Chordae tendineae
5. Tricuspid valve Mitral valve Bicuspid valve Left AV valve
6. Ischemia Infarct Scar tissue repair Heart block

CARDIOVASCULAR SYSTEM: BLOOD VESSELS

13. Complete the following statements concerning blood vessels.

- _____ 1. The central cavity of a blood vessel is called the (1). Reduction of the diameter of this cavity is called (2), and enlargement of the vessel diameter is called (3). Blood is carried to the heart by (4) and away from the heart by (5). Capillary beds are supplied by (6) and drained by (7).
- _____ 2.
- _____ 3.
- _____ 4.
- _____ 5.
- _____ 6.
- _____ 7.

14. Briefly explain in the space provided why valves are present in veins but not in arteries.

15. Name two events *occurring within the body* that aid in venous return. Place your responses in the blanks that follow.

_____ and _____

16. First, select different colors for each of the three blood vessel tunics listed in the key choices and illustrated in Figure 11–6 on p. 185. Color the color-coding circles and the corresponding structures in the three diagrams. In the blanks beneath the illustrations correctly identify each vessel type. In the additional spaces provided, list the structural details that allowed you to make the identifications. Then, using the key choices, identify the blood vessel tunics

described in each of the following descriptions. Insert the term or letter of the key choice in the answer blanks.

Key Choices

- A. Tunica intima B. Tunica media C. Tunica externa

- _____ 1. Single thin layer of endothelium
 _____ 2. Bulky middle coat, containing smooth muscle and elastin
 _____ 3. Provides a smooth surface to decrease resistance to blood flow
 _____ 4. The only tunic of capillaries
 _____ 5. Also called the adventitia
 _____ 6. The only tunic that plays an active role in blood pressure regulation
 _____ 7. Supporting, protective coat

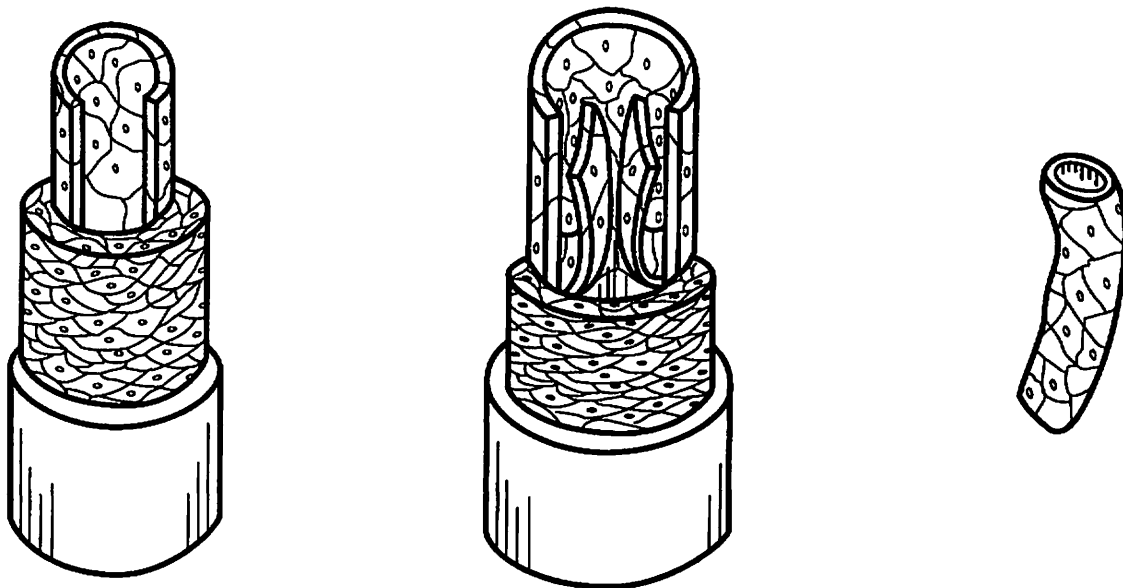


Figure 11-6

- A _____ B _____ C _____

17. Figures 11-7 and 11-8 on pp. 186 and 187 illustrate the location of the most important arteries and veins of the body. The veins are shown in Figure 11-7. Color the veins blue and then identify each vein provided with a leader line on the figure. The arteries are shown in Figure 11-8. Color them red and then identify those indicated by leader lines on the figure. NOTE: If desired, the vessels identified may be colored differently to aid you in their later identification.

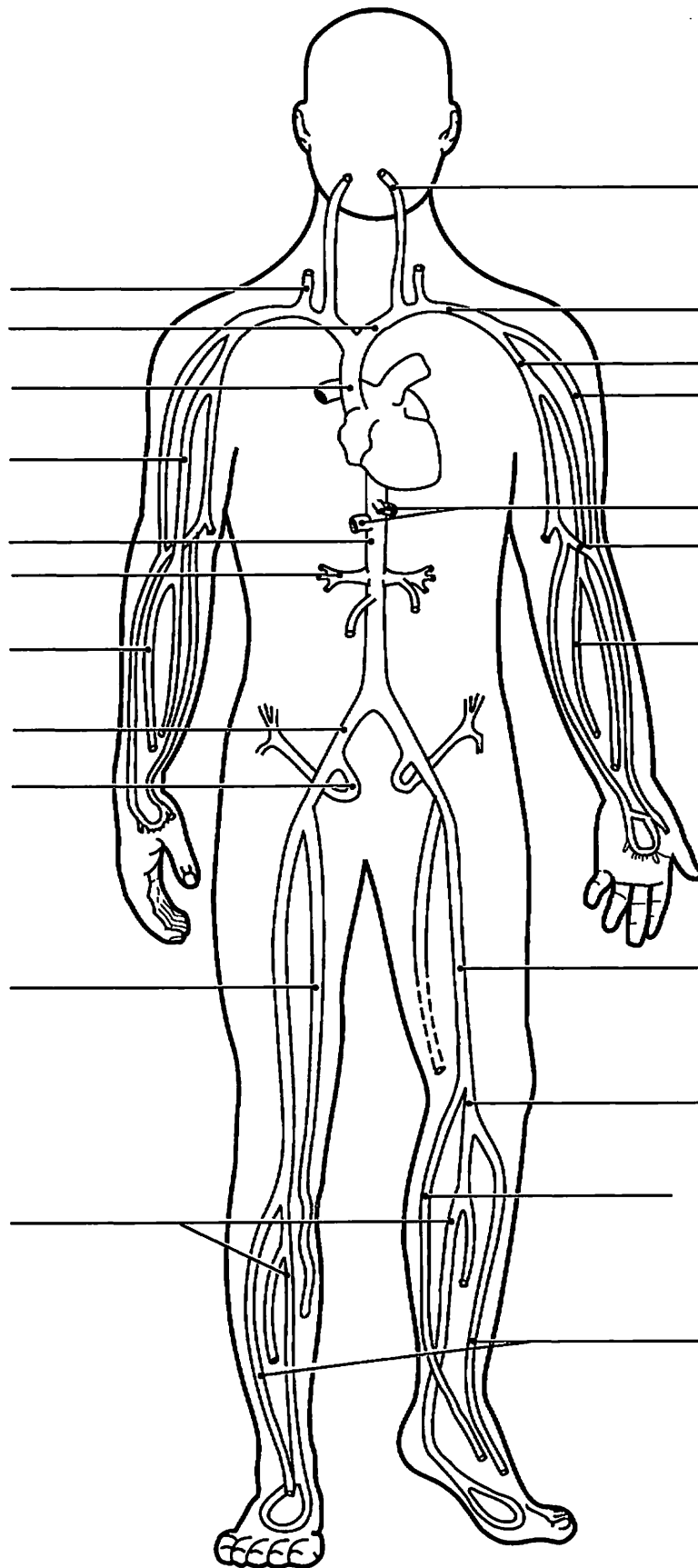


Figure 11-7 Veins

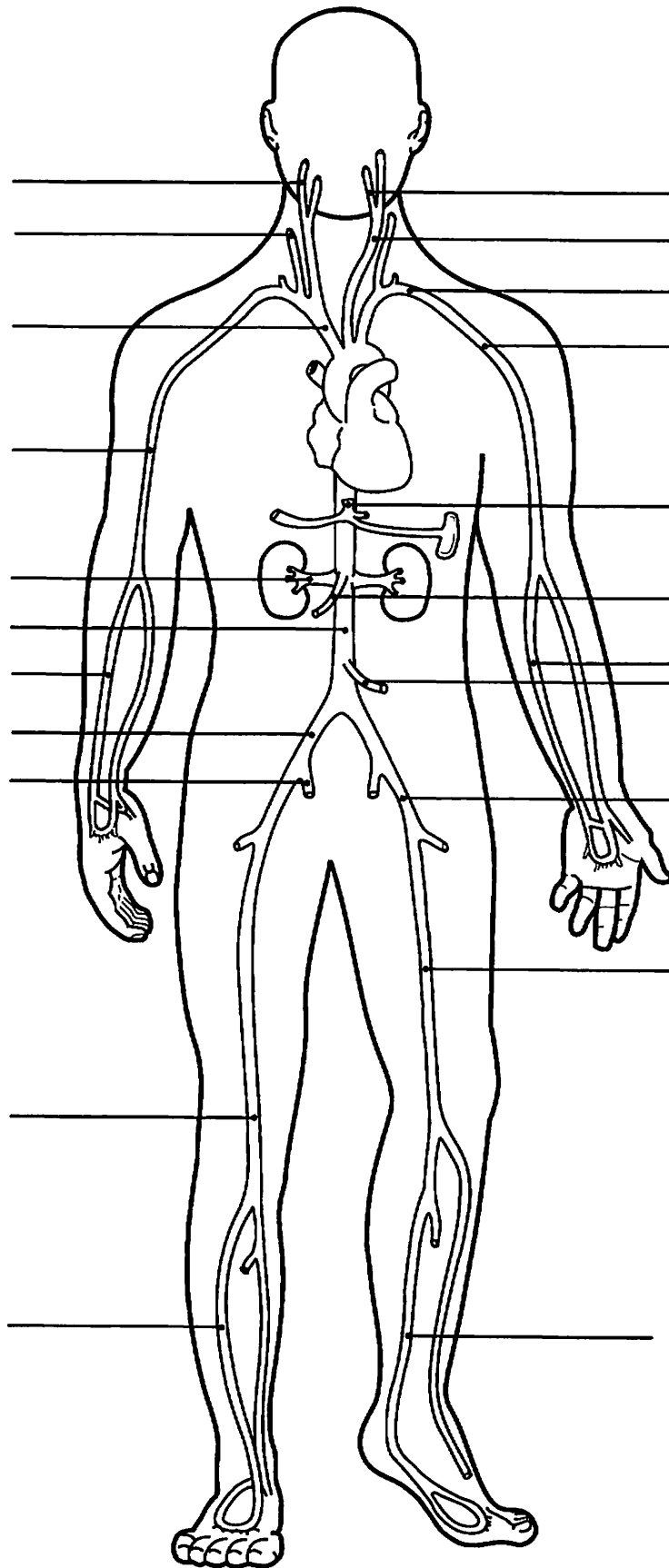


Figure 11-8 Arteries

18. Using key choices, identify the veins described as follows. Place the correct term or letter response in the answer blanks.

Key Choices

- | | | | |
|--------------------|--------------------|------------------------|------------------------|
| A. Anterior tibial | G. Common iliac | M. Hepatic portal | S. Radial |
| B. Azygos | H. Femoral | N. Inferior mesenteric | T. Renal |
| C. Basilic | I. Gastric | O. Inferior vena cava | U. Subclavian |
| D. Brachiocephalic | J. Gonadal | P. Internal iliac | V. Superior mesenteric |
| E. Cardiac | K. Great saphenous | Q. Internal jugular | W. Superior vena cava |
| F. Cephalic | L. Hepatic | R. Posterior tibial | X. Ulnar |

- _____ 1. _____ 2. Deep veins, draining the forearm
- _____ 3. Vein that receives blood from the arm via the axillary vein
- _____ 4. Veins that drain venous blood from the myocardium of the heart into the coronary sinus
- _____ 5. Vein that drains the kidney
- _____ 6. Vein that drains the dural sinuses of the brain
- _____ 7. Two veins that join to become the superior vena cava
- _____ 8. _____ 9. Veins that drain the leg and foot
- _____ 10. Large vein that carries nutrient-rich blood from the digestive organs to the liver for processing
- _____ 11. Superficial vein that drains the lateral aspect of the arm
- _____ 12. Vein that drains the ovaries or testes
- _____ 13. Vein that drains the thorax, empties into the superior vena cava
- _____ 14. Largest vein below the thorax
- _____ 15. Vein that drains the liver
- _____ 16. _____ 17. _____ 18. Three veins that form/empty into the hepatic portal vein
- _____ 19. Longest superficial vein of the body; found in the leg
- _____ 20. Vein that is formed by the union of the external and internal iliac veins
- _____ 21. Deep vein of the thigh

19. Figure 11–9 is a diagram of the hepatic portal circulation. Select different colors for the structures listed below and use them to color the color-coding circles and corresponding structures on the illustration.

- | | | |
|--|------------------------------------|---|
| <input type="radio"/> Inferior mesenteric vein | <input type="radio"/> Splenic vein | <input type="radio"/> Hepatic portal vein |
| <input type="radio"/> Superior mesenteric vein | <input type="radio"/> Gastric vein | |

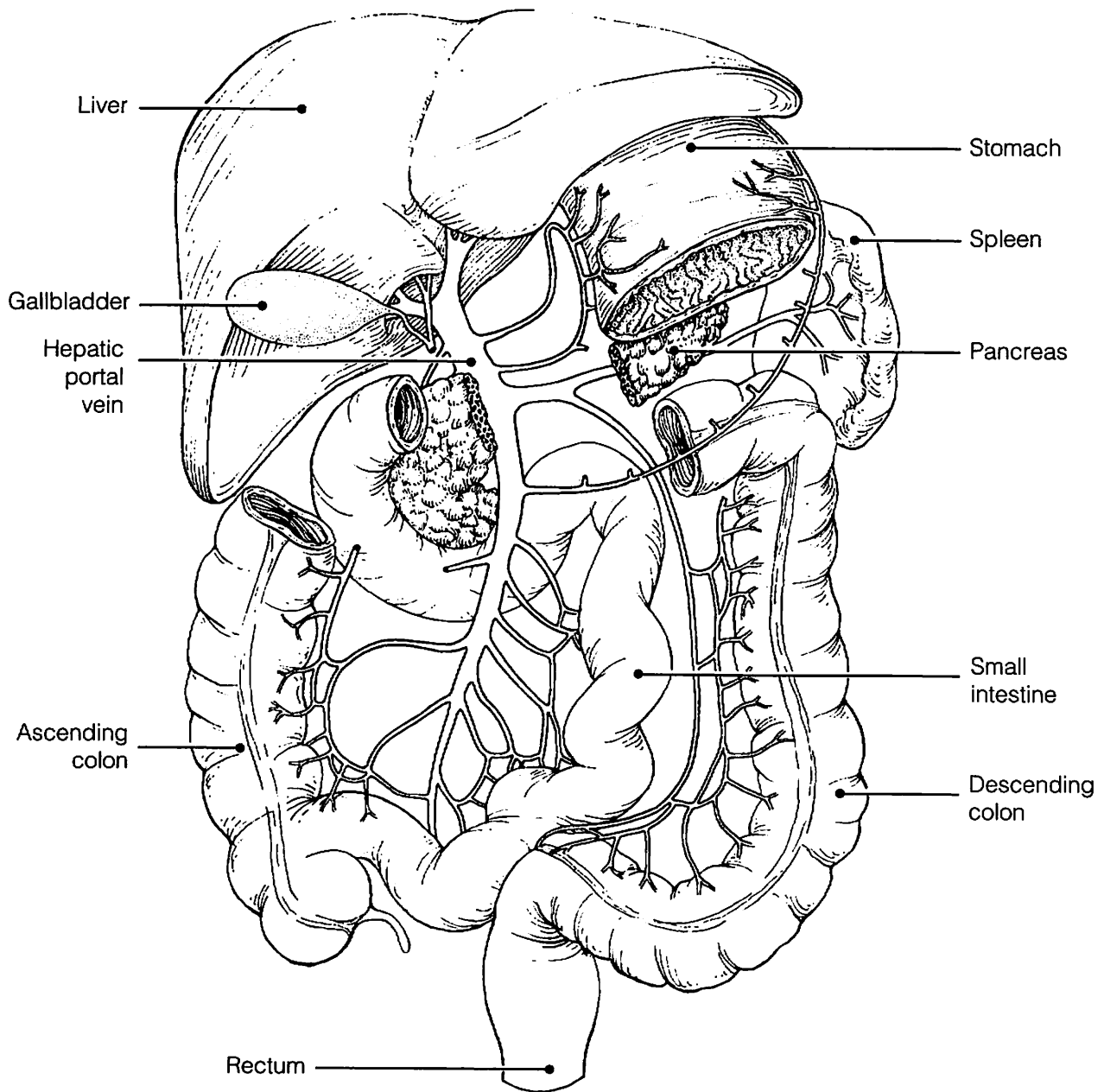


Figure 11–9

20. Using key choices, identify the *arteries* described as follows. Place the correct term or letter response in the spaces provided.

Key Choices

- | | | | |
|--------------------|------------------------|---------------------|------------------------|
| A. Anterior tibial | H. Coronary | O. Intercostals | V. Renal |
| B. Aorta | I. Deep femoral | P. Internal carotid | W. Subclavian |
| C. Brachial | J. Dorsalis pedis | Q. Internal iliac | X. Superior mesenteric |
| D. Brachiocephalic | K. External carotid | R. Peroneal | Y. Vertebral |
| E. Celiac trunk | L. Femoral | S. Phrenic | Z. Ulnar |
| F. Common carotid | M. Hepatic | T. Posterior tibial | |
| G. Common iliac | N. Inferior mesenteric | U. Radial | |

- _____ 1. _____ 2. Two arteries formed by the division of the brachiocephalic artery
- _____ 3. First artery that branches off the ascending aorta; serves the heart
- _____ 4. _____ 5. Two paired arteries, serving the brain
- _____ 6. Largest artery of the body
- _____ 7. Arterial network on the dorsum of the foot
- _____ 8. Artery that serves the posterior thigh
- _____ 9. Artery that supplies the diaphragm
- _____ 10. Artery that splits to form the radial and ulnar arteries
- _____ 11. Artery generally auscultated to determine blood pressure in the arm
- _____ 12. Artery that supplies the last half of the large intestine
- _____ 13. Artery that serves the pelvis
- _____ 14. External iliac becomes this artery on entering the thigh
- _____ 15. Major artery serving the arm
- _____ 16. Artery that supplies most of the small intestine
- _____ 17. The terminal branches of the dorsal, or descending, aorta
- _____ 18. Arterial trunk that has three major branches, which serve the liver, spleen, and stomach
- _____ 19. Major artery, serving the tissues external to the skull

- _____ 20. _____ 21. _____ 22.
 Three arteries, serving the leg inferior to the knee
- _____ 23. Artery generally used to feel the pulse at the wrist

21. Figure 11–10 illustrates the arterial circulation of the brain. Select different colors for the following structures and use them to color the coding circles and corresponding structures in the diagram.

- | | |
|---|--|
| <input type="radio"/> Basilar artery | <input type="radio"/> Communicating branches |
| <input type="radio"/> Anterior cerebral arteries | <input type="radio"/> Middle cerebral arteries |
| <input type="radio"/> Posterior cerebral arteries | |

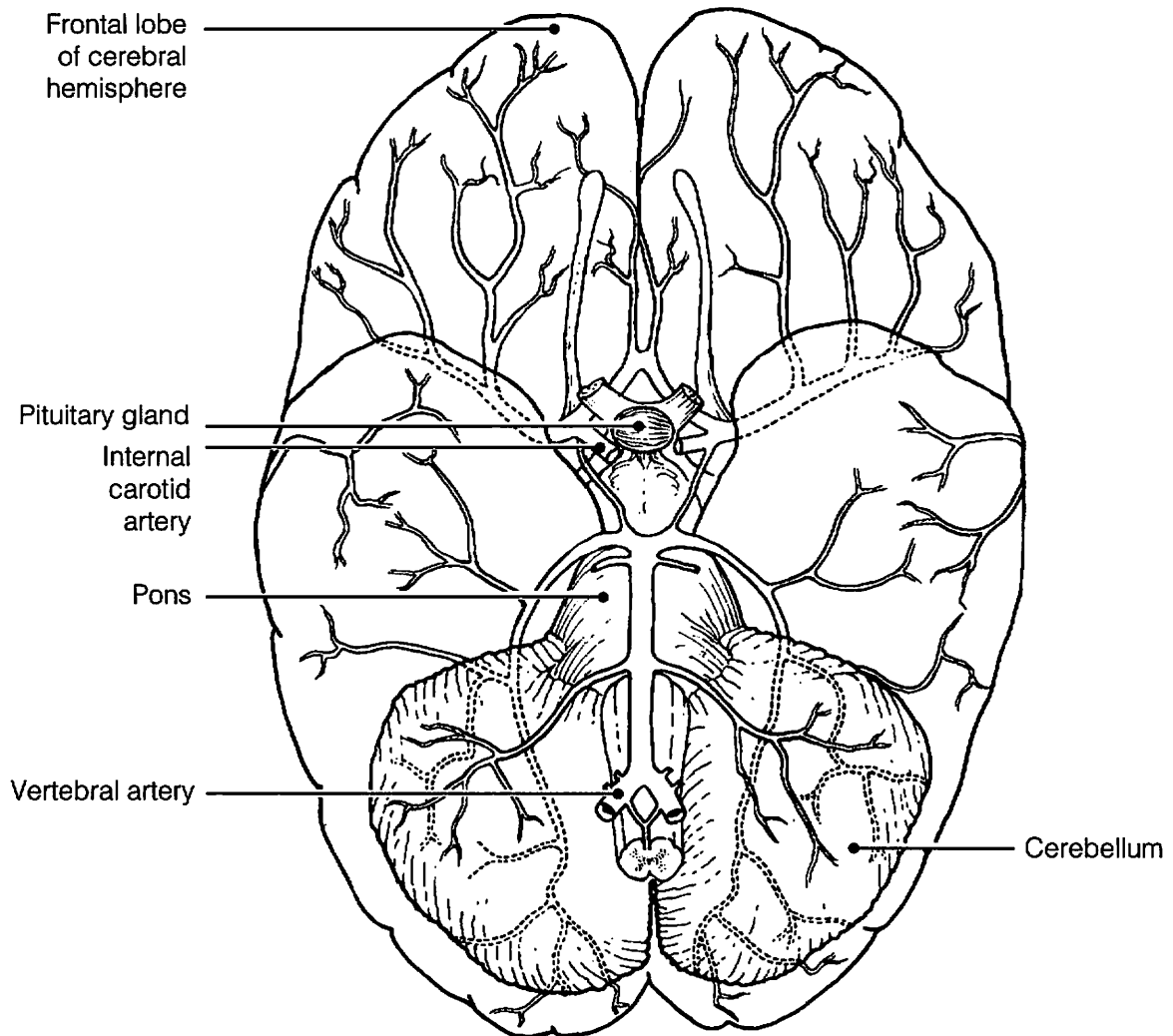


Figure 11–10

22. Figure 11-11 illustrates the special fetal structures listed below. Select different colors for each and use them to color coding circles and corresponding structures in the diagram.

- Foramen ovale
- Ductus arteriosus
- Ductus venosus
- Umbilical arteries
- Umbilical cord
- Umbilical vein

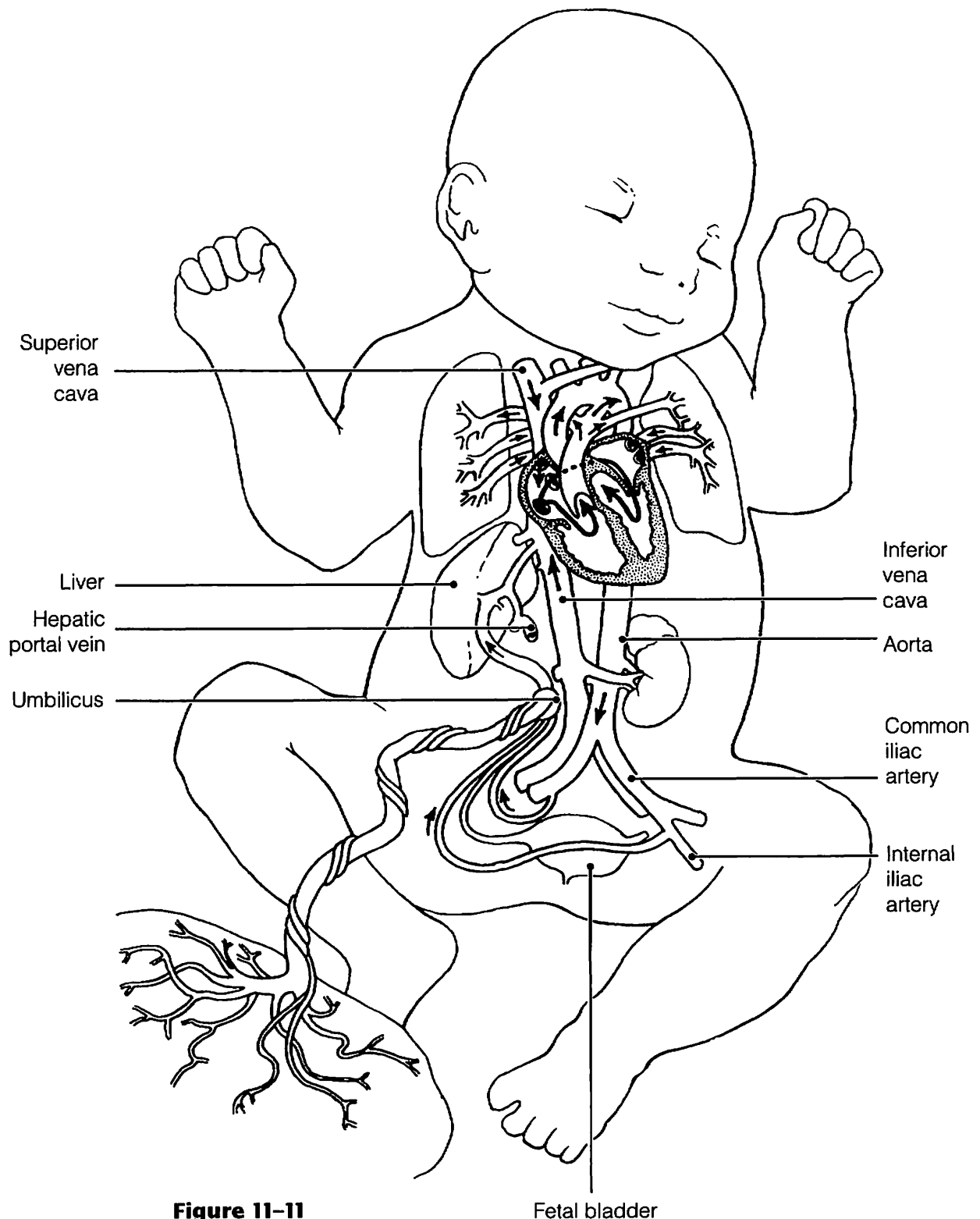


Figure 11-11

Fetal bladder

- 23.** Eight structures unique to the special circulations of the body are described here. Identify each, using the key choices. Place the correct terms or letters in the answer blanks.

Key Choices

- | | | |
|-----------------------------|---------------------------|------------------------------|
| A. Anterior cerebral artery | E. Ductus venosus | H. Posterior cerebral artery |
| B. Basilar artery | F. Foramen ovale | I. Umbilical artery |
| C. Circle of Willis | G. Middle cerebral artery | J. Umbilical vein |
| D. Ductus arteriosus | | |

- | | |
|-------|--|
| _____ | 1. An anastomosis that allows communication between the posterior and anterior blood supplies of the brain |
| _____ | 2. The vessel carrying oxygen and nutrient-rich blood to the fetus from the placenta |
| _____ | 3. The shunt that allows most fetal blood to bypass the liver |
| _____ | 4. Two pairs of arteries, arising from the internal carotid artery |
| _____ | 5. The posterior cerebral arteries, serving the brain, arise from here |
| _____ | 6. Fetal shunt between the aorta and pulmonary trunk that allows the lungs to be bypassed by the blood |
| _____ | 7. Opening in the interatrial septum that shunts fetal blood from the right to the left atrium, thus bypassing the fetal lungs |

- 24.** Briefly explain in the space provided why the lungs are largely bypassed by the circulating blood in the fetus.

- 25.** Circle the term that does not belong in each of the following groupings.

- | | | | |
|----------------------------|------------------|----------------|------------------------------------|
| 1. High pressure | Vein | Artery | Spurting blood |
| 2. Carotid artery | Cardiac vein | Coronary sinus | Coronary artery |
| 3. Increased venous return | Respiratory pump | Vasodilation | Milking action of skeletal muscles |
| 4. High blood pressure | Hemorrhage | Weak pulse | Low cardiac output |
| 5. Resistance | Friction | Vasodilation | Vasoconstriction |

26. The following section relates to understandings concerning blood pressure and pulse. Match the items given in Column B with the appropriate descriptions provided in Column A. Place the correct term or letter response in the answer blanks.

Column A	Column B
_____ 1. Expansion and recoil of an artery during heart activity	A. Over arteries
_____ 2. Pressure exerted by the blood against the blood vessel walls	B. Blood pressure
_____ 3. _____ 4. Factors related to blood pressure	C. Cardiac output
_____ 5. Event primarily responsible for peripheral resistance	D. Constriction of arterioles
_____ 6. Blood pressure during heart contraction	E. Diastolic blood pressure
_____ 7. Blood pressure during heart relaxation	F. Peripheral resistance
_____ 8. Site where blood pressure determinations are normally made	G. Pressure points
_____ 9. Points at the body surface where the pulse may be felt	H. Pulse
_____ 10. Sounds heard over a blood vessel when the vessel is partially compressed	I. Sounds of Korotkoff
	J. Systolic blood pressure
	K. Over veins

27. Complete the following statements about capillary functions by placing answers from the key in the answer blanks. Use terms or letters from the key.

Key Choices

- | | | |
|---------------------|-------------------------|---------------------|
| A. Blood | E. Fat soluble | H. Osmotic pressure |
| B. Capillary clefts | F. Hydrostatic pressure | I. Vesicles |
| C. Diffusion | G. Interstitial fluid | J. Water soluble |
| D. Fenestrations | | |

- _____ 1. All exchanges to and from the blood and tissue cells occur through the (1). Generally speaking, substances tend to move according to their concentration gradients by the process of (2). Substances that are (3) pass directly through the plasma membranes of the capillary endothelial cells; other
- _____ 2.
- _____ 3.

- _____ 4. substances pass by means of or via (4), (5), or (6).
 The most permeable capillaries are those exhibiting (7).
 _____ 5. Capillaries that have (8) and (9) tend to be leaky and
 two forces acting at capillary beds cause fluid flows. The
 _____ 6. pressure that forces fluid out of the capillaries is (10) and
 the force that causes fluid to reenter the blood is (11).
 _____ 7. Hence fluid is forced into the (12) at the arteriole end
 of the bed and into the (13) at the venule end of the
 _____ 8. capillary bed.
 _____ 9.
 _____ 10.
 _____ 11.
 _____ 12.
 _____ 13.

28. Indicate what effect the following factors have on blood pressure. Indicate an increase in pressure by *I* and a decrease in pressure by *D*. Place the correct letter response in the answer blanks.

- | | |
|---|----------------------------|
| _____ 1. Increased diameter of the arterioles | _____ 8. Physical exercise |
| _____ 2. Increased blood viscosity | _____ 9. Physical training |
| _____ 3. Increased cardiac output | _____ 10. Alcohol |
| _____ 4. Increased pulse rate | _____ 11. Hemorrhage |
| _____ 5. Anxiety, fear | _____ 12. Nicotine |
| _____ 6. Increased urine output | _____ 13. Arteriosclerosis |
| _____ 7. Sudden change in position from reclining to standing | |

29. Respond to the following exercise by placing brief answers in the spaces provided. Assume someone has been injured in an automobile accident and is bleeding profusely. What pressure point could you compress to help stop the bleeding from the following areas?

- | | |
|------------------|--------------------|
| _____ 1. Thigh | _____ 4. Lower jaw |
| _____ 2. Forearm | _____ 5. Thumb |
| _____ 3. Calf | |

30. For each of the following statements that is true, insert *T* in the answer blank. If any of the statements are false, correct the underlined term by inserting the correct word in the answer blank.

- _____ 1. Renin, released by the kidneys, causes a decrease in blood pressure.
- _____ 2. The decreasing efficiency of the sympathetic nervous system vasoconstrictor functioning, due to aging, leads to a type of hypotension called sympathetic hypotension.
- _____ 3. Two body organs in which vasoconstriction rarely occurs are the heart and the kidneys.
- _____ 4. A sphygmomanometer is used to take the apical pulse.
- _____ 5. The pulmonary circulation is a high-pressure circulation.
- _____ 6. The fetal equivalent of (functional) lungs and liver is the placenta.
- _____ 7. Cold has a vasodilating effect.
- _____ 8. Thrombophlebitis is called the silent killer.

DEVELOPMENTAL ASPECTS OF THE CARDIOVASCULAR SYSTEM

31. Complete the following statements by inserting your responses in the answer blanks.

- _____ 1. The cardiovascular system forms early and the heart is acting as a functional pump by the (1) week of development.
- _____ 2. The ductus arteriosus and foramen ovale allow the blood to bypass the nonfunctioning fetal (2). Another fetal structure, the (3), allows most of the blood to bypass the liver. The fetus is supplied with oxygen and nutrients via the (4), which carries blood from the (5) to the (6). Metabolic wastes and carbon dioxide are removed from the fetus in blood carried by the (7). These special bypass structures that exist to bypass the fetal lungs and liver become (8) shortly after birth. Congenital heart defects (some resulting from the failure of the bypass structures to close) account for half of all infant (9) resulting from congenital defects.
- _____ 8. (10) is a degenerative process that begins in youth but may take its toll in later life by promoting a myocardial infarct or stroke. Generally women have less atherosclerosis than men until after (11), when estrogen production ends.
- _____ 9.
- _____ 10.
- _____ 11.

- _____ 12. Regular (12) increases the efficiency of the cardiovascular system and helps to slow the progress of (13). A vascular problem that affects many in "standing professions" is (14). In this condition, the valves become incompetent, and the veins become twisted and enlarged, particularly in the (15) and (16).
- _____ 13.
- _____ 14.
- _____ 15.
- _____ 16.



INCREDIBLE JOURNEY

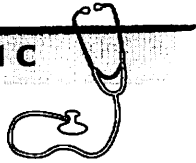
A Visualization Exercise for the Cardiovascular System

All about you are huge white cords, banging limply from two flaps of endothelial tissue. . .

32. Where necessary, complete the statements by inserting the missing word(s) in the answer blanks.

- _____ 1. Your journey starts in the pulmonary vein and includes a trip to part of the systemic circulation and a special circulation.
- _____ 2. You ready your equipment and prepare to be miniaturized and injected into your host.
- _____ 3.
- _____ 4. Almost immediately after injection, you find yourself swept into a good-sized chamber, the (1). However, you do not stop in this chamber, but continue to plunge downward into a larger chamber below. You land with a large splash and examine your surroundings. All about you are huge white cords, hanging limply from two flaps of endothelial tissue far above you. You report that you are sitting in the (2) chamber of the heart, seeing the flaps of the (3) valve above you. The valve is open and its anchoring cords, the (4), are lax. Since this valve is open, you conclude that the heart is in the (5) phase of the cardiac cycle.
- _____ 5.

- _____ 6. Gradually you notice that the chamber walls seem to be closing in. You hear a thundering boom, and the whole chamber
- _____ 7. vibrates as the valve slams shut above you. The cords, now rigid and strained, form a cage about you, and you feel
- _____ 8. extreme external pressure. Obviously, the heart is in a full-fledged (6). Then, high above on the right, the "roof"
- _____ 9. opens, and you are forced through this (7) valve. A fraction of a second later, you hear another tremendous boom
- _____ 10. that sends shock waves through the whole area. Out of the corner of your eye, you see that the valve below you is
- _____ 11. closed, and it looks rather like a pie cut into three wedges.
- _____ 12. As you are swept along in this huge artery, the (8), you pass several branch-off points, but continue to careen along,
- _____ 13. straight down at a dizzying speed until you approach the (9) artery, feeding the small intestine. After entering this
- _____ 14. artery and passing through successively smaller and smaller subdivisions of it, you finally reach the capillary bed of the
- _____ 15. small intestine. You watch with fascination as nutrient molecules move into the blood through the single layer of
- _____ 16. (10) cells forming the capillary wall. As you move to the opposite shore of the capillary bed, you enter a venule and
- _____ 17. begin to move superiorly once again. The venules draining the small intestine combine to form the (11) vein, which in
- _____ 18. turn combines with the (12) vein to form the hepatic portal vein that carries you into the liver. As you enter the liver, you
- _____ 19. are amazed at the activity there. Six-sided hepatic cells, responsible for storing glucose and making blood proteins,
- _____ 20. are literally grabbing (13) out of the blood as it percolates slowly past them. Protective (14) cells are removing bacteria from the slowly moving blood. Leaving the liver through
- _____ 21. the (15) vein, you almost immediately enter the huge (16), which returns blood from the lower part of the body to the
- (17) of the heart. From here, you move consecutively through the right chambers of the heart into the (18). Soon that vessel splits and you are carried into a (19) artery, which carries you to the capillary beds of the (20) and then back to the left side of the heart once again. After traveling through the left side of the heart again, you leave your host when you are aspirated out of the (21) artery, which extends from the aorta to the axillary artery of the armpit.

AT THE CLINIC

- 33.** A man, en route to the hospital emergency room by ambulance, is in fibrillation. What is his cardiac output likely to be? He arrives at the emergency entrance DOA (dead on arrival). His autopsy reveals a blockage of the posterior interventricular artery. What is the cause of death?
- 34.** Excessive vagal stimulation can be caused by severe depression. How would this be reflected in a routine physical examination?
- 35.** A patient has swollen ankles and signs of degenerating organ functions. What is a likely diagnosis?
- 36.** A routine scan of an elderly man reveals partial occlusion of the right internal carotid artery, yet blood supply to his cerebrum is unimpaired. What are two possible causes of the occlusion? What anastomosis is maintaining blood supply to the brain and by what (probable) route(s)?
- 37.** A patient with a bone marrow cancer is polycythemic. Will his blood pressure be high or low? Why?
- 38.** After a bout with bacterial endocarditis, scar tissue often stiffens the edges of the heart valves. How would this be picked up in a routine examination?

- 39.** Len, an elderly man, is bedridden after a hip fracture. He complains of pain in his legs and thrombophlebitis is diagnosed. What is thrombophlebitis and what life-threatening complication can develop?
- 40.** Mr. Langley is telling his friend about his recent visit to his doctor for a checkup. During his story, he mentions that the ECG revealed that he had a defective mitral valve and a heart murmur. Mr. Langley apparently misunderstood some of what the doctor explained to him about the diagnostic process. What has he misunderstood?
- 41.** A less-than-respectable news tabloid announced that “Doctors show that exercise shortens life. Life expectancy is programmed into a set number of heartbeats; the faster your heart beats, the sooner you die.” Even if this “theory” were true, what is wrong with the conclusion concerning exercise?
- 42.** Mrs. Tuney says that when she stands up after lying down in the afternoon that she gets very dizzy. Her husband grumbles that “Its because she keeps the danged house too warm.” He’s right (in this particular case). Explain how this might cause her dizziness.